

Totality (Stupa)



Please, divine presence
Transform my heart into a precious jeweled vehicle of love,
That is powerful, yet tender
Emanating, yet receptive
Generating, yet humble enough to be molded by your hands
May I joyfully be of service.

Faisal Muqaddam

One day

One day he did not leave after
Kissing
Me.

Rabia

Prayer of the Navaho Indians

I will be happy forever
Nothing will hinder me
I walk in beauty
Beauty before me,
Beauty behind me,

Beauty below me,
Beauty besides me,
Beauty within me.

When God's generosity flooded existence,
I was fashioned,
And since the most ancient of times,
I was bestowed upon the teachings of love.

Then from the elements and ingredients of my heart.
God has made the key
That unlocks the treasure of all meaning.

Omar Kayam
(Here the key refers to the Stupa)

If you open yourself to the Tao,
you are one with the Tao
and you can embody it completely.
If you open yourself to insight,
you are one with insight
and you can use it completely.
If you open yourself to loss,
you are one with loss
and you can accept it completely.

Open yourself to the Tao,
then trust your natural responses;
and everything will fall into place.

Lao Tzu

Correcting oneself is correcting the whole world.
The Sun is simply bright. It does not correct anyone.
Because it shines, the whole world is full of light.
Transforming yourself is a means of giving light to the whole world.

Ramana Maharshi

Willingness to experience aloneness
I discover connection everywhere
Turning my face to fear
I meet the warrior who lives within
Opening to my loss
I gain the embrace of the universe
Surrendering into emptiness
I find fullness without end.
Each condition I flee from, pursues me
Each condition I welcome, transforms me
And becomes itself transformed
Into its radiant jewel like essence
I bow to the one
Who has made it so
Who has crafted this master game.
To play it, is purest delight
To honor its form
True devotion.

(from a friend of Faisal)

'There is a place in the heart where everything meets.
Go there if you want to find me.
Mind, senses, soul, eternity, all are there.
Are you there?
Enter the bowl of vastness that is the heart.
Give yourself to it with total abandon.
Quiet ecstasy is there -
and a steady, regal sense of resting in a perfect spot.
Once you know the way
the nature of attention will call you
to return, again and again,
and be saturated with knowing,
"I belong here, I am at home here."
Answer that call.

Vigyan Bhairav Tantra

Knock, And He'll open the door
Vanish, And He'll make you shine like the sun
Fall, And He'll raise you to the heavens
Become nothing, And He'll turn you into everything.
Rumi

"To truly know the world, look deeply within your own being; to truly know yourself, take real interest in the world."

Rudolf Steiner

You are not a drop in the ocean.
You are the entire ocean in a drop.
Rumi

To be human is to become visible
While carrying what is hidden as a gift to others
To remember the other world in this world
Is to live in your true inheritance.

David Whyte

We are the mirror as well as the face in it.
We are tasting the taste this minute
Of eternity. We are pain
And what cures pain, both.

We are the sweet cold water
And the jar that pours

Rumi

Be content with what you have;
rejoice in the way things are.
When you realize there is nothing lacking,
the whole world belongs to you. ☯
Lao-Tzu

Love,
I am one with all things-
in beauty, in ugliness,
for whatsoever is-
there I am.
Not only in virtue
but in sin too I am a partner,
Not only in heaven
but hell too is mine.
Buddha, Jesus, Loa Tzu -
it is easy to be their heir,
but Genghis, Taimur and Hitler?
There are also within me!
No, not half- I am the whole of mankind!
Whatsoever is man's is mine -
flowers and thorns,
darkness as well as light,
and if nectar is mine, whose is poison?
nectar and poison - both are mine.
Whoever experiences this
I call religious,
for only the anguish of such experience
can revolutionize life on earth.
Osho

"I have come to drag you out of your self
And take you in my heart.
I have come to bring out the beauty
You never know you had
And lift you like a prayer to the sky.
If no one can recognize you, I do
Because you are my life and soul.
Don't run away, accept your wounds and
Let bravery be you shield.
It takes a thousand stages for
For the perfect being to evolve.
Every step of the way I will walk with you
And never leave you stranded.
Be patient, do not open the lid too soon
Simmer away until you are ready.
In this game I make the rules.
I roll you like a ball and chase you
When I choose".

Rumi

Become the treasury

A certain king said to a shaikh,
"if you would like some of the riches I have, just ask"

"Your royal Highness," he answered,
"Aren't you ashamed to say that to me?
I have two ugly slaves, and you are under their power"

"Who are they?" said the king,
"There must be some mistake."
The shaikh replied: "One is anger and the other is lust."

A true king is unconcerned with kingship;
He is someone whose light, without moon or sun,
Shines forth from itself.

Only one whose essence is a treasure
Can offer gifts from the treasury.

Rumi

You have not danced so badly, my dear,
Trying to hold hands with the Beautiful One.
You have waltzed with great style,
My sweet, crushed angel,
To have ever neared God's heart at all.
Our partner is notoriously difficult to follow,
And even His best musicians
are not always easy to hear.
So what
If the music has stopped for a while.
So what
If the price of admission to the Divine
Is out of reach tonight.
So what, my dear,
If you do not have the ante to gamble for the Real Love.
The mind and the body are famous,
For holding the heart ransom,
But Hafiz knows the Beloved's eternal habits.
Have patience,
For He will not be able to resist your longing
For long.
You have not danced so badly, my dear,

Trying to kiss the Beautiful One.
You have actually waltzed with tremendous style,
O my sweet,
O my sweet crushed angel.
Hafiz